**Roberta Day-Klein, MS, RD, LDN, DC, MCC, CTA**

In addition to being a licensed Chiropractor, Dr. Roberta Day-Klein (known in our office as “Dr. Bobbie”), is also a licensed Nutritionist, a Registered Dietitian and an active member of the American Dietetic Association.

Prior to completing Chiropractic College and joining her husband, Dr. Al Klein, in private practice, Dr. Bobbie worked as a nutrition consultant for Custom Management Food Systems. She was Rural Heath Corporation of Northeast PA’s first nutritionist, providing counseling in all six medical and dental centers. For several years she served as adjunct faculty for Wilkes University where she taught elective courses in Nutrition and Diet Therapy for the Nursing Program and at King’s University where she taught Nutrition and Diet Therapy for the Physician’s Assistant Program.

In our Chiropractic Office, Dr. Bobbie employs a low force adjusting technique (no twisting or cracking of the spine). She uses an Arthrostim, an extremely popular and effective low force adjusting instrument which delivers a highly specific (non electric) pulse. The Arthrostim is painless and most patients happily relate that, with the Arthrostom, their adjustments “hold longer”.

Dr. Bobbie’s newsletter, entitled: “Dr. Bobbie’s Homeopathic Insights” is freely distributed in our office. These brief (two paged) articles featuring “Let’s talk about….” touch on various health-related topics and review alternative and complementary health-care for those seeking to avoid traditional medicine and medications. For individual consultation she utilizes a (very detailed) “Systems Analysis” report to review her client’s health status and make recommendations.

Dr. Bobbie and Dr. Al have three children: Rebekah, (who is currently completing her studies in Nursing with plans to become a Hospice Nurse); Daniel, who is employed by Walt Disney World and Nathanael (Dr. Nate), who is also a Chiropractor. All three of the Klein children were delivered at home by Dr. Al.

In addition to working as a Chiropractor/Nutritionist, Dr. Bobbie (for more than twenty years) owned and managed two Gifts From Above Christian Bookstores as well as Gifts From Above Inspirational Travel. The bookstores closed in 2012 but the travel agency remains extremely busy planning customized group and family travel – specifically (but not limited to) Holy Land Travel (which Dr. Bobbie has also done for more than twenty years). She is accredited with Destination Specialties in Holy Land, European River cruising, Alaska, Hawaii as well as numerous Caribbean Islands.

In 2018 she was certified by CLIA (Cruise Lines International) as a MCC (Master Cruise Counselor) and by the Travel Institute as a CTA (Certified Travel Associate).

Dr. Bobbie is passionate about both health and travel and enjoys utilizing the opportunity to plan group travel for those who love food and good nutrition – with special emphasis on the Mediterranean Diet which boasts rich Anti-Inflammatory health benefits. Dr. Bobbie loves spending her “days off” planning customized travel itineraries for groups and church leaders.

Five of Dr. Bobbie’s books have been published*: Love, Grafted-In; Hope, Grafted-In; Faith, Grafted-In; Airam’s Secret and Grace, Absolved.* All are available from Amazon.